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# Where People Live and the Choices They Make

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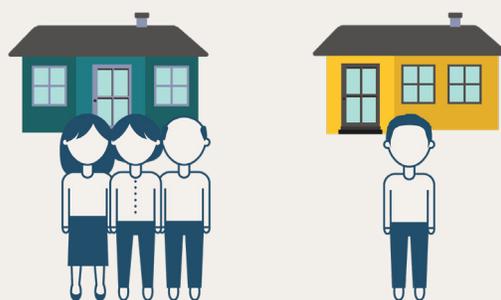
## WHERE ARE PEOPLE WITH DISABILITIES LIVING?

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Many people have left large institutions to live in smaller group homes.



Many people with disabilities now live with their families and live by themselves.



The good news is most people with disabilities now live in the community.



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## WHERE DOES THIS INFORMATION COME FROM?

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The Residential Services for Persons with Developmental Disabilities is a survey done every year to learn about the places where people with disabilities are living. This survey includes everyone in the United States.

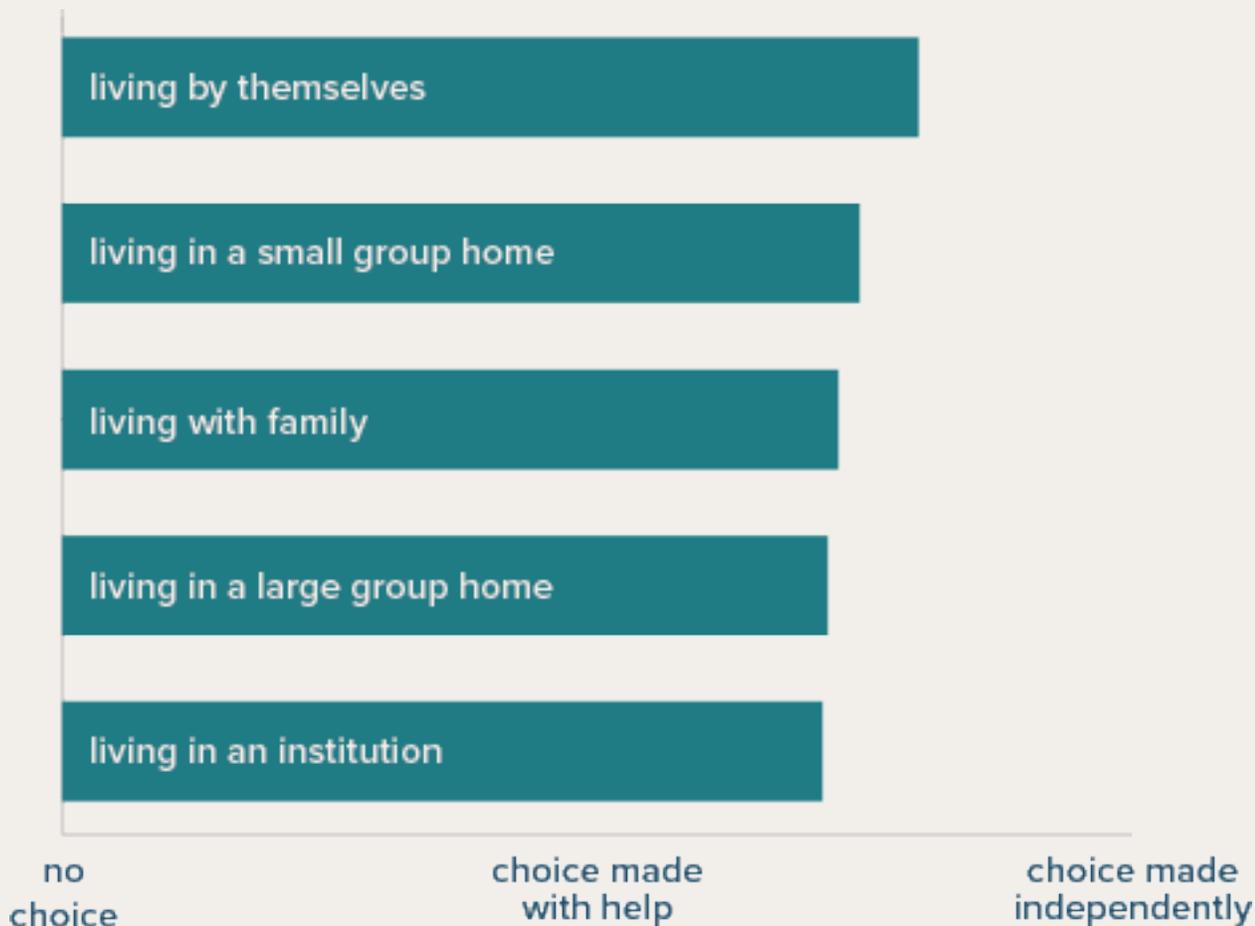
The National Core Indicators is a survey done every year to learn about the lives of people with disabilities. Some of the questions ask which choices people get to make for themselves, which they make with help, and which other people make for them.



# everyday choices



These bars show how much choice people have about when and how they do things each day based on where they live.



What are everyday choices?



what time people eat



what time people go to work



what time people go to bed



what people do in their free time



what people buy with their spending money

# everyday choices



People who live in institutions do not make as many choices about everyday things as people who live in the community. They make fewer everyday choices than people who live in a group home, with their family, or by themselves.



People who live in smaller group homes do not make as many everyday choices as people who live by themselves.



People who live in small group homes make about the same number of everyday choices as people who live with their families.



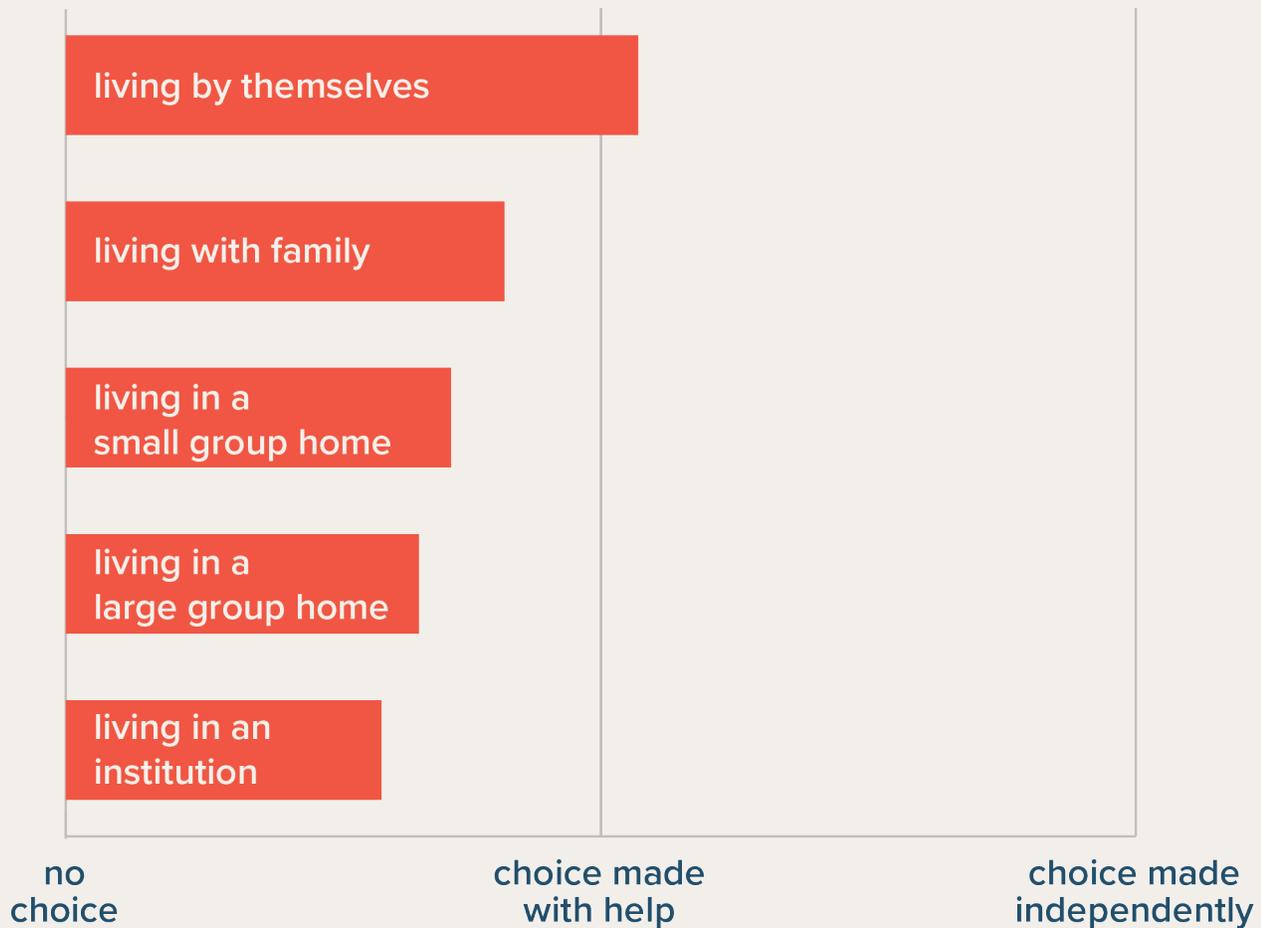
People who live by themselves make the most number of everyday choices.



# support choices



These bars show how much choice people have about the supports they receive from others based on where they live.



## What are support choices?



who support staff are



where people live and who they live with



where people work



who case manager is

# support choices

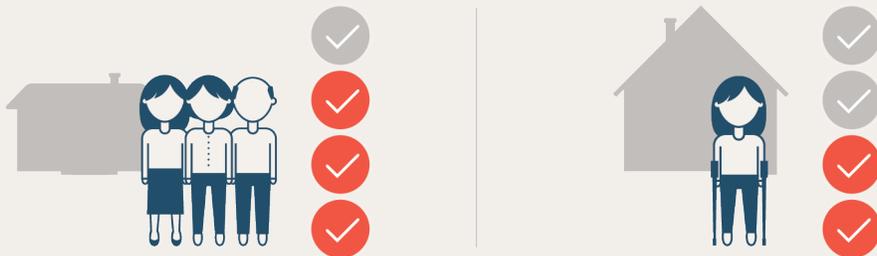


When it comes to choices about the supports people receive, the story is different.

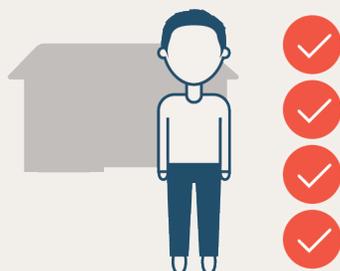
People who live in institutions do not make as many choices about their supports as people who live in the community. They make fewer support choices than people who live in a group home, with their family, or by themselves.



People who live with their families make more choices about their supports than people who live in small group homes.



People who live by themselves make the most choices about the supports they receive.



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# using this information

This research shows that where you live does make a difference in the kinds of choices you are able to make. People who live by themselves or in small places get to make the most choices.

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## HOW SELF-ADVOCATES CAN USE THIS RESEARCH TO MAKE THEIR LIVES BETTER

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Show this research to your family and your case manager when asking for a better place to live.

Talk about this research with your DSPs and tell them about the kinds of choices you wish you were able to make.

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## HOW SELF-ADVOCATES CAN USE THIS RESEARCH TO ADVOCATE FOR BIG CHANGES

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Bring this to your self-advocacy group meeting and ask everyone if they agree with these research results.

Talk about how your group can use them to ask for government to close institutions and help more people to live in the community.